



## 2024 GRADES 2-3 REC SOCCER RULES

### National Sports ID

National Sports ID Requirements to be completed and approved by roster deadline.

1. **Headshot Photo** – *Similar to a Driver's License or Student ID Photo. This should be a close-up, clearly lit photo that shows the student-athlete's entire face and hair looking directly at the camera. No hats. No sunglasses. This can be a recent school photo or one simply taken from your cell phone.*
2. **Scan of Birth Certificate, State ID, or Passport**
3. **Proof of Grade** – *This can be your most recent report card, most recent School ID, school schedule showing your child's grade, screen shot of Online Account (i.e. Infinite Campus) proving grade level, etc.*
4. **E-Sign NCSAA Participant Waivers**
5. **Pay \$10.99 National Sports ID fee per student-athlete**

### Game Day Check In & Rosters

1. League officials will check every team's National Sports ID prior to each game.
2. Any player not on the official National Sports ID roster will be ineligible to play for that day.
  - If a player is "verified" (green) in NSID but NOT on the official team roster, they are INELIGIBLE to play.
3. Teams who play ineligible players will forfeit their game.
4. No players will be added to the rosters after the Wednesday prior to Week (4) of the season.
5. Players who arrive after check-ins have occurred but are on the official National Sports ID roster must check-in with the NCSAA Site Director prior to checking into the game.
6. No student-athlete is allowed to play on 2 rosters in the same sport. Student-athletes may not move divisions after the 3<sup>rd</sup> Week of the Season (and must have written league approval).

**Rec Sports: No Score. No Standings. No Playoffs.**

**Field of Play:** Approximately 60 yards x 30 yards

**Goal Size:** 7'x14

**The Ball:** Size 4

Home team provides the match ball.

### Coaches and Spectator Conduct/Responsibilities

- Family members, parents, and spectators are required to observe the contest from designated areas.
- Participants, coaches, parents, and family members must conduct themselves appropriately during game play.
- Inappropriate, rude, or confrontational behavior by a coach, player or spectator may lead to disqualification from the game and possible suspension. These decisions are made at the sole discretion of the League Officials.

### Number of Players:

- The maximum number of players on the field per team at any one time is eight (8).
- The game is played 8 vs 8 including a goalkeeper.
- The recommended maximum number of players on roster is sixteen (16).
- Substitutions are unlimited and allowed during any dead-ball situation and for injuries.
- Playing Time: Since recreational, we recommend a minimum of 50% of the total playing time.
- All players not playing in the game must be three yards behind the touch lines.
- One coach from each team will be allowed on the playing field to instruct players.
- No Forfeits. Teams may play with lesser players if necessary.

### Required Equipment:

- A team jersey must be worn during the game.
- No hats, jewelry, or metal spiked cleats are allowed.
- All players are required to wear shin guards.

### The Referee:

- NCSAA will provide one official for each game.

**Duration of the Game:**

- Each game will consist of two, twenty minute halves. *(Updated after the 3/15/22 Coaches Meeting)*
- Halftime will be 3 minutes long.
- Referee's and site coordinators may add extra water breaks at their discretion.

**The Start of Play:**

- Play should be started with a kick-off at the center mark of the field.
- Encourage the opposing team to stand 3-5 yards from the ball at each re-start.
- The team listed first on the schedule will start the game with the ball.
- Teams shall rotate kick-offs at half.

**Ball In and Out of Play:**

- Players must throw-in the ball after any out of bounds. Coaches and referees will start to teach proper throw in techniques at this age. Illegal throw-ins will be loosely enforced for this age group.
- Any ball crossing the goal line will result in a goal kick for the defending team or a corner kick for the attacking team.

**Free Kicks:**

The referee, according to the infraction, will award direct and indirect free kicks.

**Offside:**

The offside rule is not applicable to this age group.

**Slide Tackling and Heading are NEVER allowed!**