



Elementary School Coed Recreational Soccer

Game Day Check In & Rosters

1. League officials will check every team's National Sports ID prior to each game.
2. Any player not on the official National Sports ID roster will be ineligible to play for that day.
 - If a player is "verified" (green) in NSID but NOT on the official team roster, they are INELIGIBLE to play.
3. No players will be added to the rosters after the Wednesday prior to Week (4) of the season.
4. Players who arrive after check-ins have occurred but are on the official National Sports ID roster must check-in with the NCSAA Site Director prior to checking into the game.
5. No student-athlete is allowed to play on 2 rosters in the same sport. Student-athletes may not move divisions after the 3rd Week of the Season (and must have written league approval).

Field of Play: Approximately 60 yards x 30 yards

Goal Size: 7'x14'

The Ball: Size 4

Home team provides the match ball.

Equipment: Shin guards are required. No steel or center cleats allowed. No jewelry is permitted during play. Goalkeeper must have a different colored jersey, shirt or penny to be distinguishable.

Coaches and Spectator Conduct/Responsibilities

Family members, parents, and spectators are required to observe the contest from the sidelines.

- Participants, coaches, parents, and family members must conduct themselves appropriately during game play. Foul language will not be tolerated and will lead to removal from the field.
- Inappropriate, rude, or confrontational behavior by a coach, player or spectator may lead to disqualification from the game and possible suspension. These decisions are made at the sole discretion of the League Officials.

The Coach is the only person allowed to talk to the official before, during and after the game.

Number of Players

The maximum number of players on the field per team at any one time is eight (8).

Playing Time: Each player shall play a minimum of 50% of the total playing time.

All players not playing in the game must be 3 yards behind the touch lines.

Teams may play with lesser players if necessary. Teams with less than 5 players will result in a forfeit in league standings.

Duration of the Game

Each game will consist of two (2), twenty five-minute (25) halves.

Halftime will be 5 minutes long.

Play will be started with a kick-off at the center mark of the field.

The opposing team must be 10 yards from the ball at kick off and each re-start.

A coin flip will take place at the beginning of each game. The team that wins the coin flip will get to choose if they would like kick-off or choose a side to defend. The visiting team calls the coin flip.

Teams shall rotate sides and kick-off at halftime.

Substitutions

- Substitutions are unlimited and allowed during any out of bounds, stoppage of play and for injuries.

Free Kicks

The referee, according to the infraction, will award direct and indirect free kicks. Standard FIFA rules will apply.

Penalty Kicks: Penalty kicks will be placed twelve (12) yards from the goal line.

Offside

The offside rule will be in effect and taught in this age group. However, it will be called at the referee's discretion, for plays in which offside is blatant. Any player directly involved in a play, that is in an offside position will be called offside and a free kick will be awarded to the opposing team at the spot of the foul. As the offside rule is subject to the referee's discretion and the referee may not have assistant linesmen at the field, criticism directed to the referee is dissent and will not be tolerated.

Cards

The referee will show yellow (caution) and red (sending off) cards in accordance with the laws of the game. A red card results in ejection from the game. (Two yellow cards is one red card.) Red cards shown for serious infractions may result in ejection for the remainder of the season with reinstatement only with the permission of the league coordinator.

Slide tackling is not allowed.

Headers are not allowed.

Standard FIFA rules will be followed for rules not addressed here.